

Chris A. Matthews, LMFT-S, CCS, LCAS, SAP

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Education

Master of Arts in Marriage and Family Therapy

Pfeiffer University –June 2013 to May 2016

Master of Science in Leadership and Organizational Change Management

Pfeiffer University –January 2010 to August 2012

Concentration: Human Resources

Bachelor of Science in Public Health

University of North Carolina at Charlotte- August 2005 to May 2009

Minor: Biology

Credentials

American Association of Marriage and Family Therapist Supervisor (ID# 182764)

License Marriage and Family Therapist (LMFT# 1917)

Certified Clinical Supervisor with the NCSAPPB (CCS # 20750)

License Clinical Addiction Specialist (LCAS # 22895)

Certified Department of Transportation (DOT) Substance Abuse Professional (SAP # 20693)

Certified Health Education Specialist (CHES #16143)

Certified Anger Management Specialist (CAMS-I)

Professional Positions

Owner and Marriage and Family Therapist

November 2016 to Currently

Relationship Counseling Group, LLC

- Provide supervision for graduate level professionals seeking licensure in the fields of marriage and family therapy and addiction counseling.
- Apply psychotherapeutic and family systems theories and techniques in the delivery of services to individuals, couples, and families.

Owner and Clinical Director

June 2011 to Currently

Behavioral Health Intervention Center, LLC

- Oversee the management of staff, financial budget, and marketing, to enhance day-to-day operations and organizational growth.
- Supervise substance abuse professionals to ensure clients receive efficient out-patient substance abuse services via group, family, and individual counseling settings.

Prevention Specialist & Program Coordinator

September 2009 to October 2011

Anuvia Prevention and Recovery Center

- Directed a 12-hour intervention program that catered to offender's charged in the areas of drug possession, disorderly conduct, larceny, assault, breaking and entering, trespassing, affray, and resisting arrest.
- Implemented evidence-based substance abuse prevention curriculums specializing in the areas of physical wellness, decision making, anger management, conflict resolution, drug education, stereotyping, and self-image.

Health Promotions Department Intern & Volunteer

August 2007 to 2007-2009

Mecklenburg County Health Department

- Assisted with the administration of the Male Involvement and Males Place programs responsibility training sessions and seminars that catered to offenders and youth at risk for engaging in risky behaviors.
- Partnered with community outreach, nutrition, and cultural awareness specialists to organize and operate community health fairs and events.